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6 homes with private saunas or steam rooms to keep winter (and the flu) at bay



Flu season is, unfortunately, upon us. You can start by arming yourself with plenty of fluids, boxes of tissues, and an arsenal of pain relievers, cough expectorants, and nasal decongestants. Better yet, take it one step further and sweat out the toxins from the hot and humid comfort of your own personal sauna or steam rooms. Here, a few apartments that have you covered.



The master en-suite of this loft-like four-bedroom, three-and-a-half-bath condo at 135 West 70th Street (priced at \$3.95 million) is decked out with an enormous dressing room, plus a bathroom with separate areas for the soaking tub, rainforest shower (outfitted by WaterWorks), and a sauna.